



Please read this information carefully before using me. Do not throw this instruction for use away, it contains important information.

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1. USE ME FOR

Hey you! I'm Juan the anti-nail biter and together we are going to do this! I contains an invisible, non-shiny, topical, nail care formulation that effectively helps to break the habit of nail biting with only one application a day. I don't taste nice, because of the bitter Bitrex, but this is only going to help you.

Nail biting or onychophagia (Greek meaning 'nail-eater') is a relatively common habit that affects people of all ages. It is considered a chronic or compulsive habit due to possible anxiety, stress, insecurity and other. Studies show that 30% of the population bite their nails.

I'm going to effectively help you to break the habit of nail biting and thumb sucking with only one application a day. My bitter flavor, using the world bitterest substance Bitrex, discourages nail biting and thumb sucking.

I'm an easy-to-use, invisible, non-glossy, topical brush-on pen.

2. HOW TO USE ME

I'm easy and precise to apply and I only need to be applied once a day. I contain the world's most bitter substance Bitrex, therefore, it's not needed to apply on the entire nail. I advise to use me for at least 21 consecutive days.

Why 21 days? I'm based on the 21-day 'change a habit' routine, which suggests that any habit can be broken within 21 days. I'm suitable to be used by children of 3 years and older.

1. Get ready: Turn the back of the pen (only when using me for the first time) at least 15 times. Make sure my brush is soaked before using.

2. Press it: Apply me to the edge of the nail, side of the nail, or on the cuticles, as needed. I advise you to use me for at least 21 consecutive days.

3. Dry: I dry within seconds and will not wash off. My bitter taste will diminish gradually over a period of approximately 24 hours.

⚠️ 3. PLEASE KEEP IN MIND

- Do not use me under the age of 3 years old
- Use by children younger than 12 years needs to be supervised
- I'm a topical solution. If I accidentally enter your eye, rinse with plenty of clean water

Allergies

In rare cases, irritation may occur (allergies to one of my ingredients), in which case we advise to stop using me and seek medical attention, if irritation persists.

Pregnancy and breastfeeding

There is no data available on using me in pregnant or breastfeeding women. I recommend not to use when pregnant or breastfeeding.

4. MY INGREDIENTS

Isopropyl alcohol, Aqua, Ethyl lactate, Hydroxypropylcellulose, Denatonium benzoate (Bitrex).

5. WHAT DO I CONTAIN

- 3ml pen
- Instructions for use

6. HOW TO STORE ME

Store me at room temperature and out of reach of young children. Do not use me after the expiry date. My expiry date is printed on my label and on the bottom of the packaging.

7. KIDSNER CONTACT DETAILS

We care about your kids. At KIDSNER we love to make everyone a little happier. That's why we have developed dedicated products especially for kids, which can reduce the symptoms of everyday health issues in a fast and effective way. Want to know more? Please visit Kidsner at Kidsner.com

All enquiries about me should be sent to the distributor.

Distributor

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Manufacturer

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