



Please read this information carefully before using me. Do not throw this instruction for use away, it contains important information.

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### 1. USE ME FOR

Hey you! I'm IRIS, the nose spray that helps you with your cold. I treat runny and stuffy noses effectively and in a natural way. Start using me when the first signs of a cold appear. I contain a soft salt solution (2.2%) which reduces the swelling of the nasal mucosa, thins the mucus and relieves the congestion. I provide relief to your stuffy nose and clean it so you can finally breathe through your nose again.

### 2. HOW TO USE ME

Just spray me 2 or 3 times a day and the cold goes away!

- Blow the nose gently before use.

- Remove the protective cap from the injector.
- Shake me before use.
- At the first use, remove the cap from the bottle. Fill the pump by pressing the upper part firmly several times, after this, I'm ready for use.
- Place the upper part of the spray, with the head upright, into or against the nostril and spray me 1-2 sprays in each nostril. Repeat this in the other nostril.
- Clean the injector after use and replace the protective cap on the packaging.
- For children 5 years and older, use me 1-2 sprays in each nostril, 4-7 times a day.

### △ 3. BE CAREFUL WITH ME

It is not recommended to keep using me for more than 30 days consecutively. Do not let other people use me because of hygienic reasons. Avoid contact with your eyes. Do not use after expiry date. After opening, I may be used for 1 month. Do not use me in children under 5 years of age. Children up to 10 years of age must be assisted by an adult.

#### Allergies

Do not use in case of hypersensitivity to one or more of my ingredients. In case irritation or other complaints aggravate after use, stop using me and consult a GP.

#### Side Effects

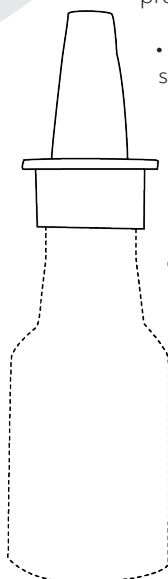
A slight tingling sensation may be experienced in the nose immediately after use, but this will disappear after a few seconds. Thus far, there are no known side effects of using me.

#### Interference with medications

There is no known negative effect between me and other medications. Do not use me combined with another nose spray without medical advice.

#### Pregnancy and breastfeeding

I recommend your mom not to use me if she's pregnant or breastfeeding without medical advice.



#### 4. MY INGREDIENTS

Aqua, Glycerin, Sodium Chloride, Sodium Levulinate, Hydroxypropyl Methylcellulose, Sodium Anisate, Opuntia Ficus-Indica Stem Extract, Phenoxyethanol.

#### 5. HOW TO STORE ME

Store me closed out of sight and reach of children in the original package at a temperature between 15° – 25° C. My expiry date is printed on the packaging. After opening I may be used for 1 month.

#### 6. MY CONTACT DETAILS

All enquiries about me should be sent to the distributor. For more information about me, please visit [www.kidsner.com](http://www.kidsner.com).

I'm a medical device, read my instructions for use before use.

##### **Distributor**

TheOTCLab  
Paulus Potterstraat 20-III  
1071 DA Amsterdam  
Nederland  
[www.theotclab.com](http://www.theotclab.com)

##### **Manufacturer**

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Last revision date: July 2018

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KD6000TI+18F1